

**USA WRESTLING – JUNIOR OLYMPIC WRESTLING COMMITTEE BOARD
REPORT
2023 – USA Wrestling Board of Director’s Report**

During the 2023 National Convention, the Youth Development Council, National Junior Council, Women’s Age Group Council and the National Coaches Council passed recommendations that were submitted to the USA Wrestling National Council of State Chairpersons for approval. In addition, the National Council of State Chairpersons proposed recommendations for consideration for the USA Wrestling Board of Directors.

The report below is comprised of the recommendations **APPROVED** by USA Wrestling’s Board of Directors related to USA Wrestling’s grassroots programming. These policies are intended to have an effective date of September 1, 2023 unless otherwise noted.

A. USA Wrestling Performance Index (PIIn)

USA Wrestling’s PIIn (style-specific) shall be used in lieu of separation criteria at regional and national championships.

B. Video Challenge Procedures at National Duals

The coaching staff (head coach) is allowed 1 unsuccessful (“lost”) video challenge per bout and 4 unsuccessful challenges per dual. If the video challenge is successful, the coaching staff maintains the current number of challenges and is allowed another challenge in that bout. This allows for more than 1 challenge per bout if the coaching staff was successful with any remaining challenge opportunities available to them.

C. Format at National Duals

At the National Duals, in any bracket that contains a bye(s), the bye(s) shall be given in order to the highest seeded team(s).

D. Participation at Regional & National Championships

When both regional and/or national championships are offered to both genders in the same style(s) in Junior and 16U, wrestlers shall only be allowed to compete in the division of his/her gender.

E. Participation at Regional & National Championships

When both regional and/or national championships are offered to both genders in the same style(s) in 14U and below, wrestlers shall only be allowed to compete in the division of his/her gender.

F. Eligibility at Junior & 16U Regionals

At all USA Wrestling regionals in the Junior and 16U divisions, competition shall be limited to athletes who are eligible for competition in USA Wrestling's national championships.

G. Modification to Folkstyle Rules

In the girls divisions at the Folkstyle Nationals and Folkstyle Tour of America events, when a wrestler steps out of bounds in the neutral position, 1 point shall be awarded to opponent.

H. Age Group Weight Classes (Junior Boys)

- NFHS Boys effective 2023-24, if state has 14 weight classes: 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285
- Current Junior Boys (15): 100, 106, 113, 120, 126, 132, 145, 152, 160, 170, 182, 195, 220, 285
- Proposed Junior Boys (15): 100 and then same as NFHS

I. Age Group Weight Classes (16U Boys)

- Current 16U Boys (17): 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285
- Proposed 16U Boys (17): 88, 94, 100 and then same as NFHS

J. Age Group Weight Classes (Junior Girls)

- NFHS Girls effective 2023-24, if state has 14 weight classes: 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 235
- Current Junior Girls (14): 100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, 200, 225
- Proposed Junior Girls (15): 95 and then same as NFHS

K. Age Group Weight Classes (16U Girls)

- Current 16U Girls (14): 94, 100, 106, 112, 117, 122, 127, 132, 138, 144, 152, 164, 180, 200
- Proposed 16U Girls (15): 88, 94, 100, 106, 112, 118, 124, 130, 136, 142, 148, 155, 170, 190, 235

L. Age Group Weight Classes (8U Boys)

- Current 8U Boys (8): 43, 45, 49, 53, 56, 62, 70, 85
- Proposed 8U Boys (9): 40, 43, 45, 49, 53, 56, 62, 70, 85

M. Age Group Weight Classes (14U & Below Girls)

- Current 8U Girls (6): 45, 50, 55, 60, 70, 85
- Proposed 8U Girls (9): 40, 43, 46, 50, 55, 62, 68, 74, 85

- Current 10U Girls (10): 50, 55, 60, 65, 70, 75, 80, 90, 100, 110
- Proposed 10U Girls (10): 45, 49, 53, 57, 62, 67, 73, 80, 90, 113

- Current 12U Girls (12): 65, 70, 75, 80, 85, 90, 95, 100, 110, 120, 130, 145
- Proposed 12U Girls (12): 55, 59, 64, 69, 75, 81, 87, 94, 102, 112, 126, 140

- Current 14U Girls (13): 72, 79, 85, 92, 97, 101, 105, 110, 119, 127, 136, 145, 185
- Proposed 14U Girls (16): 71, 76, 81, 84, 87, 90, 93, 97, 102, 108, 115, 121, 127, 143, 163, 183

N. Recognition of 8U Division at National Championships

At all USA Wrestling national championships, the 8 & Under division shall be recognized as an official division.