



USA Wrestling recognizes

Kipling Davis

for successfully completing the Bronze Level of USA Wrestling's National Coaches Education Program.



The Bronze Certification Course contains 15 contact hours; a minimum of 5 hours of in-person or online instruction, a 1 hour test and 9 hours required reading in the USA Wrestling Coaches Guide to Excellence.

Topics covered in the 8 modules and 40 standards include: Philosophy and Ethics, Safety and Injury Prevention, Physical Conditioning, Growth and Development, Teaching and Communication, Sport Skills and Tactics, Organization and Administration, and Evaluation.



Executive Director, USA Wrestling



USA Wrestling, NCEP Manager