Bronze Certification

Contains a minimum of:
* 6 hours of online instruction
* 3 hours recommended research on provided Bronze Level resources including readings in the USA Wrestling Coaches Guide to Excellence.

Topics covered in the 8 course modules cover 40 standards including:
* Philosophy and Ethics
* Safety and Injury Prevention
* Physical Conditioning
* Growth and Development
* Teaching and Communication
* Sport Skills and Tactics
* Organization and Administration
* Evaluations

NATIONAL COACHES EDUCATION PROGRAM
USA WRESTLING
BRONZE
CERTIFIED COACH

USA COACHING PROGRAM
IN COMPLIANCE WITH NATIONAL STANDARDS

USA WRESTLING

recognizes

Thomas Marable

for successfully completing the Bronze Level Coaching Certification of USA Wrestling's National Coaches Education Program (NCEP).

NATIONAL COACHES EDUCATION PROGRAM
USA WRESTLING